



Debre Ganet Kidus Gabriel
Ethiopian Orthodox Tewahedo Church in NJ, Inc.
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**SOME BASIC THINGS
THE ETHIOPIAN ORTHODOX
CHRISTIAN SHOULD KNOW**



SACRAMENT CLASS BOOKLET

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December 17, 1992

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March 2015

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Foreword

This booklet is prepared chiefly for the catechumen¹. But it is also for the children who have been baptised but who were not officially taught the basic things an Ethiopian Orthodox Christian should know.

¹ Catechumen is one who is being taught the Doctrine and Dogma of the Church in preparation for baptism.

INTRODUCTION

The Ethiopian Orthodox Tewahedo² Church, an indigenous and integral Church of Africa, is one of the oldest Churches in the World, if not the oldest one, and is a founding member of the World Council of Churches {WCC}, and whose former Patriarch {Abuna Paulos} served as the Chairman of the WCC. The Church is in full communion with the Oriental Orthodox Churches, i.e. {1} Armenian Orthodox Church, {2} Coptic Orthodox Church of Egypt, {3} Malankara–Syrian Orthodox Church and {4} The Syrian Orthodox Church. As is with all Oriental Orthodox Churches the teachings of the Church is founded on the Apostles experience of the Lord Eyesus Kristos as the Creator and Savior of the World.

When one speaks of the Ethiopian Church one also speaks about the people of Ethiopia. The Church is the source of Ethiopia's unique civilization.

Ethiopia is the first African nation to appreciate and worship the One True God of the Old Testament and adopt the Judaic element {1000 B.C., Queen of Sheba and Solomon}, to embrace Christianity and maintain the doctrine of Kristos from the time of the Apostles to today.

Many forces have tried to destroy the unique culture of Ethiopia. Among them have been the Portuguese, Catholics, Muslims and the Italians. However, Ethiopia has overcome all dangers that have threatened her and retained her anciancy, independence, culture and way of life. This is due to the inseparable union of the Church, the people and their love for freedom. Ethiopia has sustained her rights as the

² Tewahedo is the union of the Divine and human nature without mixture or confusion, without division or alteration, in the incarnate Lord, Eyesus Kristos.

Mother of Nations and kept her place in the society of nations.

The country of Ethiopia was the first nation outside of Jerusalem to embrace Christianity and maintain the doctrine of Kristus from the era of the Apostles to the present day, as it is narrated in {Acts 8: 26-39}. The history of St. Philip the Apostle baptizing the Ethiopian Eunuch, who was very much interested in religion, is a central part of Ethiopian Church history. This Eunuch was a man of high rank, the finance minister of Candace, the Queen of Ethiopia.

The hierarchical center of the Ethiopian Orthodox Tewahedo Church is the Holy Synod in Addis Abba, Ethiopia. The Holy Synod is headed by His Holiness Abuna Matthias, Patriarch of Ethiopia. At present there are 32 Dioceses within the country and in addition in foreign countries. It has Dioceses in Jerusalem, the United States of America, Canada, the Caribbean {Jamaica, Trinidad and Tobago, Guyana, Bermuda and the Virgin Islands}, Europe and South Africa. It has over 50 million followers, one million clergy and 80 thousand parish churches. The EOTC Church in the West was first established in 1952 in Trinidad and Guyana and then in New York in 1959. The Diocese of the Western Hemisphere was established in 1972 under the leadership of His Eminence Abuna Yesehaq, the late Archbishop of the Ethiopian Orthodox Tewahedo Church in the Western Hemisphere. The Church continues to flourish throughout the Western Hemisphere and is experiencing growth as many young educated people learn of its ancient history and presently adhere loyally to the Orthodox teaching of the Apostles. His Eminence Abuna Zakarias is the present Archbishop for the Archdiocese of New York, Northeast, Southeast and Central United States of America.

Establishment of Debre Ganet Kidus Gabriel Ethiopian Orthodox Tewahedo Church is a branch of the Ethiopian Orthodox Tewahedo Church in the Western Hemisphere Diocese. Debre Ganet Kidus Gabriel Church was established in 1998 at the request of members of the Ethiopian Orthodox Tewahedo Church who reside in New Jersey and who wished to establish a local church community. The mission started its services in a rented space in Newark, NJ with 30 members. At present, there are two priests and several deacons who regularly provide sacramental and other services to the community. The Church is operated by the Administrator, and the Board of Trustees, who are entrusted with the overall management of the Church. Our service to the Orthodox Christian community is ongoing since the establishment of our parish church and currently all sacramental services are performed in the language of Ethiopic {Ge'ez} and the English language.

On February 18, 2010, there was great rejoicing among the clergy and faithful as we made history by purchasing our own property at 136-140 Main Street, Orange, NJ.

BASIC REQUIREMENTS FOR AN ETHIOPIAN ORTHODOX CHRISTIAN MEMBER

Members must know and understand:

- † The Seven Sacraments
- † The Five Pillars of Mystery
- † The Creed and Prayer of Faith
- † The Lord's Prayer and the Prayer of the Virgin Mariam
- † The Ten Commandments
- † The Six Words of the Gospel {or Parables of Eyesus Kristus}
- † The Thirteen Sufferings of Kristus

- † The Covenant of Mercy {The Five Sorrows of St. Mariam}

THE SEVEN SACRAMENTS

A sacrament is a Holy ordinance through which the believer receives an invisible grace under the form of an outward sign.

The Seven Sacraments or mysteries in the Church are: Baptism, Confirmation, Penance, Holy Communion, Unction of the Sick, Matrimony and Holy Orders. In the performance of each sacrament, the Divine Majesty Himself {Kristos} is present. The sacraments were instituted by Kristos.

1. Baptism

Baptism is the sacrament through which a person is born again and accepted into the membership of the Church after being dipped into water three times in the Name of the Father, and the Son, and the Holy Spirit.

Of all the sacraments it is the first because it is considered as the door through which the believer enters the Church and the Kingdom of Grace according to what was said by the Lord Eyesus Kristos: “Except a man be born of water and of the spirit, he cannot enter into the Kingdom of God”. {St. John 3: 5}

The Invisible Grace

1. Rebirth {St. John 3: 5} or Regeneration {Titus 3: 5}
2. Remission of sins {Acts 2: 38}
3. Purification and Sanctification {1st Peter 3: 21}; {Ephesians 5: 25–26}
4. Salvation {St. Mark 16: 16}; {1st Peter 3: 21}
5. Adoption as children of God {Galatians 3: 26-28}

Baptism is the partaking of Kristos's Death and Resurrection. Kristos died and rose only once, and St. Paul says, "One Lord, one faith and one baptism" {Ephesians 4: 5}. Therefore, those who have been validly baptised must not be baptised again.

Obligations of the Baptised

Before receiving baptism one must publicly declare his/her faith in the Lord Eyesus Kristos. Then Peter said unto them, "Repent ye and be baptised, every one of you in the Name of Eyesus Kristos". {Acts 2:38}. "He that believeth and is baptised shall be saved". {St. Mark 16: 16}.

For infants who cannot answer, their parents or God-parents must answer. After they have replied, the children are baptised. Male children are baptised forty days after birth and females eighty days after birth.

2. Confirmation

Confirmation is the sacrament through which the believer is granted the Gift of the Holy Spirit who alone can confirm him/her in the new life given to him/her through baptism. Like the Sacrament of Baptism, this sacrament can never be repeated.

Certain parts of the body are anointed with Holy Oil after saying certain prayers during the Sacrament of Confirmation.

The seven gifts of the Holy Spirit: wisdom, understanding, counsel, might, knowledge, godliness, and fear of the Lord, {Isaiah 11:2} are given to the believers through this sacrament.

3. Penance

Although believers are reborn through the Sacrament of Baptism and receive the Holy Spirit through the Sacrament of Confirmation, yet this does not mean that they are totally

free from sin. The Sacrament of Penance is necessary for repentance and sorrow for sins committed. It is administered before receiving Holy Communion. “Let a man examine himself and let him eat of that bread and drink of that cup. For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord’s body”. {1st Corinthians 11: 28-29}. “Repent ye therefore, and turn to God, that your sins may be blotted out”. {Acts 3: 19}

Every sin can be forgiven, however grave it may be, provided that the sinner should return in repentance. Priests are given power from Kristos to absolve sinners. The penitent receives forgiveness through the mediation of the priest and returns to God after confession. {St. Matthew 8: 4}

4. Holy Communion

This is the crowning service of the Christian Church, the culmination of Christian worship; the peak of the Christian experience where devout believers hold intimate communion with their living Lord through the consecrated elements, of bread and wine. The Church through the ages, has regarded this sacrament as the supreme act of communal worship.

It is called

1. Holy Communion
2. The Lord’s Table
3. The Flesh {Body} and Blood of Kristos
4. The Eucharist

The Invisible Grace

1. We partake of the Flesh and Blood of Our Lord and Savior Eyesus Kristos.
2. We get the spiritual food which helps us to grow in grace and in the knowledge of Our Lord and Savior Eyesus Kristos.

3. We receive remissions of sins. {St. Matthew 26: 27-28}
4. We abide in Kristus, and Kristus abides in us. {St. John 6: 56}
5. We get the Holy Fellowship with Kristus Himself, with our fellow worshippers and with all, the Church on earth, with the saints around the Throne of God, with the angels, and archangels and all the company of Heaven.
6. We are given true life in this World. Unless you eat the flesh of the Son on man, and drink His Blood, you have no life in you. {St. John 6: 53, 57}
7. We are given eternal life. {St. John 6: 54, 58}

5. Unction of the Sick

Unction of the Sick is the Sacrament through which the priest anoints the body of the sick, asking for divine grace to cure both body and soul. It was said of the Apostles that “they cast out many devils and anointed with oil many that were sick and healed them”. {St. Mark 6: 13}; {St. James 5: 14-15}

6. Matrimony

The Sacrament of Holy Matrimony is important for the life of mankind. It is Holy and ordained by God. Through it the husband and wife are united and given the Divine Grace which sanctifies their union and makes it perfect and spiritual like the unity of Kristus and the Church.

All Christians should respect the Principle of Marriage and keep its regulations and must live in the faith of Our Lord Eyesus Kristus.

Marriage is important for three reasons

1. Preservation and growth of mankind. {Genesis 1: 28-29}

2. Mutual help between husband and wife. {Genesis 2: 18}
3. To keep man and woman from the temptation of carnal lusts. {St. Paul; 1st Corinthians 7: 1-9}

The intention of marriage is that one husband should have one wife and one wife, one husband. It is a gift for the preservation of man's health in this World and for his salvation in the World to come.

7. Holy Orders

Holy Orders is the Sacrament for ordaining and consecrating the clergy. Through this sacrament, the ordained clergy are granted a divine gift appropriate to the various services to which they are called.

This Sacrament was instituted by Our Lord Jesus Kristus Himself when He chose and appointed the twelve apostles and seventy-two disciples. He set apart these special persons as Apostles and spent a whole night with them before sending them into the World.

THE FIVE PILLARS OF MYSTERY

1. The Mystery of the Trinity

The Mystery of the Trinity is to believe in the Father, the Begetter, and in the Son, the Begotten, and in the Holy Spirit, the One who proceeds, one in three and three in one. Three names and one God, three persons and one appearance, three persons and one essence.

God is the only eternal Being. He alone is beyond time, space and all limitations. He abides without a beginning and without an end.

The Divine Father, and the Son, and the Holy Spirit are One God, One Kingdom, One Authority and One Government.

2. The Mystery of the Incarnation

The Mystery of the Incarnation deals with the creation of man and the birth of Our Lord Eyesus Kristus. The Incarnation of God the Son is primarily for the salvation of the World.

The mystery teaches the two births of the Son, that is, His birth before the World from a Father without a mother and His birth from the Virgin Mariam, without a father. He was born of two births, Son of the Father, Son of Mariam and was honored in the union {oneness}, the union of God-head and manhood.

3. The Mystery of Baptism

The Mystery of Baptism is to believe that Our Lord Eyesus Kristus was baptised at the age of thirty to be an example for all men and that all men are to be baptised in the water of life, which flowed from the right side of Our Lord Eyesus Kristus on Friday. Also, to obtain adoption from the Trinity, to eat His Flesh and drink His Blood and live a Christian life. Except we are all born again from water and the Holy Spirit, we cannot enter the Kingdom of God. That which is born of the Flesh is flesh and that which is born of the Spirit is spirit. The baptised person will be freed from condemnation and released from bondage to the devil.

4. The Mystery of the Holy Communion

The Mystery of the Holy Communion is the Body and the Blood of Our Lord Eyesus Kristus who was crucified on Friday for the salvation of all; it is what believers receive in the form of bread and wine. The bread and wine are changed into real Flesh and Blood of Kristus when the priests

blesses them with the liturgical prayers. Whoever receives the Flesh and Blood of Kristus, having cleansed his conscience from grudges and hatred and having preserves in faith and good works, it will be to him salvation of the flesh and of the soul, and by it he will inherit the Kingdom of Heaven.

5. The Mystery of the Resurrection of the Dead

The Mystery of the Resurrection teaches that after death there will be Resurrection. It speaks about the Second Coming of Kristus. That Kristus shall come again with great power and glory. At that time all the dead bodies will rise. Those who did good will rise resembling Kristus, shining seven times brighter than the sun. But those who did evil will rise resembling the devil clothed in darkness. Those who have good works will enter into life-everlasting and those who have done wrong shall go away into everlasting condemnation. {St. Matthew 25: 31-46}

THE PRAYER OF FAITH OR CREED

We believe in one God, the Father Almighty, maker of Heaven and Earth and all things visible and invisible. And we believe in One Lord Eyesus Kristus, the Only-Begotten Son of the Father who was with Him before the creation of the World. Light from Light, true God from true God, begotten not made of one essence with the Father by whom all things were made, and without Him was not anything in Heaven or Earth made. Who for us men, and for our salvation, came down from Heaven, was made man and was incarnate from the Holy Spirit and from the Holy Virgin Mariam. Became man, was crucified for our sakes in the days of Pontius Pilate, suffered, died, was buried, and rose from the dead on the third day as was written in the Holy Scriptures. Ascended into Heaven in glory, sat at the right hand of the Father and will come again in glory to judge the living and the dead; there is

no end of His reign. And we believe in the Holy Spirit the Life-giving God who proceedeth from the Father. We worship and glorify Him with the Father and the Son who spoke by the Prophets. And we believe in one Holy Universal Apostolic Church, and we believe in one baptism for the remission of sins and wait for the resurrection from the dead, and the Life to come World without end. Amen.

THE LORD'S PRAYER

Our Father which art in Heaven, hallowed be Thy name. Thy Kingdom come, Thy will be done on Earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us and rescue us from all evil; for Thine is the Kingdom, the power and the glory, forever and ever. Amen.

THE VIRGIN MARIAM'S PRAYER

O Holy Virgin Mariam, in the peace of the Angel Gabriel, peace be unto Thee. Thou art Virgin in Spirit as well as in body: O Thou Mother of perfect God, peace be unto Thee, blessed art Thou amongst women and blessed is the Fruit of Thy Womb. Rejoice O Thou who art full of grace, the Lord is with Thee. Ask and pray for us to Thy beloved Son, Eyesus Kristus, that He may have mercy upon our souls and forgive us our sins. Amen.

THE TEN COMMANDMENTS

{Exodus 20: 2-17}

1. I am the Lord Thy God, Thou shalt have no other gods before me.

2. Thou shalt not make any graven image, or bow down to them.
3. Thou shalt not take the Name of the Lord Thy God in vain.
4. Remember the Sabbath Day to keep it Holy.
5. Honor thy father and mother.
6. Thou shalt not kill.
7. Thou shalt not commit adultery.
8. Thou shalt not steal.
9. Thou shalt not bear false witness against thy neighbor.
10. Thou shalt not covet.

THE SIX WORDS OF THE GOSPEL

{the Parables of Eyesus Kristos}

1. But I say unto you, that whosoever is angry with his brother without a cause shall be in danger of the judgment. {St. Matthew 5: 22}
2. But I say unto you, that whosoever looketh on a woman to lust after her, hath committed adultery with her in his heart. {St. Matthew 5: 28}
3. But I say unto you, that whosoever shall put away his wife saving for the cause of fornication, causeth her to commit adultery, and whosoever shall marry her that is divorced committeth adultery.
4. But I say unto you, swear not at all. But let your communication be yea, yea; nay, nay; for whatsoever is more than these cometh by evil. {St. Matthew 5: 34-37}
5. But I say unto you, that ye resist not evil; but whosoever shall smite thee on the right cheek, turn to him the other also. {St. Matthew 5: 39}

6. But I say unto you, love your enemies, bless them that curse you; do good to them that hate you, and pray for them which despitefully use you and persecute you. {St. Matthew 5: 44}

THE THIRTEEN SUFFERINGS OF OUR LORD AND SAVIOR EYESUS KRISTOS

1. **Our Lord was arrested, and handcuffed behind His back.**
The soldiers of Israel arrested our Lord at 9PM on Holy Thursday, in the Garden of Gethsemane and His hands were tied behind His back.
2. **Our Lord was pulled by a rope.**
The Jews tied five ropes around our Lord's neck, similar to the shape of a star, two ahead, one on each side and one behind. *{This is the formula of the robe of the clergy in the Ethiopian Orthodox Tewahedo Church with five hanging strips in this order.}* The Jews surrounded Our Lord and pulled Him from each side. They will pull from the front and He would tip forward. Then the ones in the back would say, "too fast!" and would pull Him the other way. The people on the side of Him would also pull Him violently. If He seemed to lean in any direction they would pull Him in the opposite leaving Him in a "tug of war" state which is the reason why.....
3. **Our Lord fell down to the Earth.**
4. **Our Lord was trampled by the Jews.**
When Our Lord fell to the ground the multitude of Jews who were following and mocking Him walked all over His body.

5. Our Lord was crushed by wood.

The Jews prepared two large pieces of woods comparable to small rooms and repeatedly crushed Our Lord between them, in a motion similar to a hand clap.

6. The Jews slapped our Lord on the cheek.

The Jews lined up one by one and agreed to slap Our Lord's face forty-one times each. In their cruelty they made a joke of the situation and would miss count and then start over many times and repeat numbers resulting in each of them slapping Him double or triple the amount. However, each time they hit Him they felt the pain on their own faces.

7. The Jews whipped Our Lord on the back until His flesh tore.

On Friday morning, Pontius Pilate ordered the Roman soldiers to whip Our Lord. They whipped Him in public with various devices. All of Our Lord's skin was torn and every single bone in His body was exposed. That was the first time that men had knowledge of the number of bones in the human body *{Psalm 22: 17; they counted all My bones and they observed and looked upon Me}*.

8. Our Lord was beaten on the head with sticks or iron 6,666 times.

9. The Jews crowned Our Lord with 70 thorns.

The Jews and Romans soldiers prepared a crown of seventy thorns about eighteen inches long each *{a thorn bush that is only native to Israel}*, and dozens of smaller thorns on it. They placed it over Our Lord's head and hammered it down to His head with some of the thorns coming through His mouth, neck, face and chest.

10. Our Lord carried the Cross and fell thirty-six times.

The Holy Cross of Our Lord was made up of seven different trees and was unique for this and the fact that it was made the same morning. The different types of woods are: four varieties of fig trees, one lime tree, one vine from the grape and one tree that was grafted from two different type of tree of Zeyt and Weira {*olive and olive trees*}.

11. Our Lord and Savior were nailed to the Cross by five nails.

The Jews drove one nail into each of Our Lord's hand, one on each foot and one into His chest. {*The names of the nails are Sator, Arepo, Tenet, Opera and Rotas*}. However, there is another version from the scholars that states that they drove one into both feet together {crossed} one into His neck and one into His chest.

12. Our Lord was crucified on the Cross.

At noon the Jews crucified Our Lord on the Cross on top of Golgotha, on top on the grave of Adam and on top of Qeraneeyo the place where Adam was created. They placed Him between two thieves and stripped Him completely naked despite the depiction of the icons.

13. Our Lord was given vinegar and gal in his thirst.

Our Lord was given vinegar and the bile or gall of an elephant to quench His thirst.

Every Orthodox Christian must memorize these Thirteen Sufferings of Our Lord for they are responsible for remembering the ways that their Creator had suffered for them and they will have to give account of them in the World to come.

Upon their death they shall travel on a seven-day “Journey of the Soul”, where they will undergo various tests and experience many tribulations. One test that they will experience will be to encounter a huge creature named Brial {Bree-al}.

He is prepared by God to be one of the rulers of the path and journey of the soul. Brial will ask the Soul if it has knowledge of the Thirteen Sufferings. The Soul will then confess its faith and knowledge.

If the Soul has knowledge of the Thirteen Sufferings then it will be allow to proceed to the next test. If the Soul lack knowledge of the Thirteen Sufferings of Our Lord, Brial will place the Soul inside his mouth and he shall masticate it thirty times as a piece of chewing gum is chewed and then he shall spit the Soul out.

Brial will repeat this process once for each of the Thirteen Sufferings of Our Lord. Therefore, equaling 390 chews and being spit to the floor thirteen times.

**THE COVENANT OF MERCY
THE FIVE SORROWS OF OUR HOLY LADY,
THE PURE VIRGIN MARIAM, CONCERNING HER ONLY-
BEGOTTEN SON EYESUS KRISTOS**

One day Our Lord Eyesus Kristos said unto Our Lady Mariam, “What sorrow can be greater than that which came upon Thee for My sake?”

And Our Lady Mariam said unto Him, “O my Lord and God, there were Five Sorrows that came upon Me for Thy sake, and they overcame Me mightily.

The first of them was that which came upon Me when Simeon prophesied concerning Thee in the sanctuary, saying that the Jews would slay Thee.

The second was the sorrow I endured when I lost Thee in the sanctuary, and I was seeking for Thee for three days.

The third was the sorrow I endured when I remembered how they had bound Thee hand and foot, and how Pilate's men scourged Thy back.

The fourth was the sorrow I endured when they crucified Thee between two thieves on the day of the eve of the Sabbath, and Thou were naked, and they drove five nails through Thy flesh.

The fifth sorrow I endured when I remembered how Joseph and Nicodemus took Thee down from the Cross, and swathed Thee in fine linen, and laid Thee in the tomb."

And Our Lord said unto Her, who had given Him birth, "Thus say Our Father which art in Heaven: Whosoever shall keep in remembrance the sorrows and sufferings which have come upon Thee for My sake, and the Salutation of Gabriel, I will remit to him his sins. And whosoever shall give offering for Thy name's sake I remit to him his sins, and I will make him to inherit the Kingdom of Heaven. And I will come unto him with Thee, O Thou who didst give Me birth, and I will appear to him three days before his death."

This was the Covenant that Kristos made with His Mother, and She told it unto Dexius, who wrote it down, together with Her Miracles, so that all believers might read it. May Her prayers and blessings be with us forever and ever.

What sorrow can be greater than the sorrows that came upon Thee, O Virgin? For Thou did utter a cry when He cried unto Thee a cry. On the eve of the Sabbath, the day upon which He was on the Holy wood, the Cross. By the five sorrows, O deliver me from perdition. And from the mighty terror of the terrible Sheol.

MORNING PRAYER - PSALM 63

1. O God, Thou art my God, early will I seek thee: my soul thirsts for Thee, my flesh longeth for Thee in a dry and thirsty land, where no water is;
2. To see Thy power and Thy glory, so as I have seen Thee in the sanctuary.
3. Because Thy loving kindness is better than life, my lips shall praise Thee.
4. Thus will I bless Thee while I live: I will lift up my hands in Thy name.
5. My soul shall be satisfied as with marrow and fatness, and my mouth shall praise Thee with joyful lips:
6. When I remember Thee upon my bed, and meditate on thee in the night watches.
7. Because Thou hast been my help, therefore in the shadow of Thy wings will I rejoice.
8. My soul follows hard after Thee, Thy right hand upholdeth me.

9. But those that seek my soul, to destroy it, shall go into the lower parts of the Earth.
10. They shall fall by the sword: they shall be a portion for foxes.
11. But the king shall rejoice in God: everyone that sweareth by Him shall glory: but the mouth of them that speak lies shall be stopped.

EVENING PRAYER - PSALM 141

1. Lord, I cry unto Thee: make haste unto me, give ear unto my voice, when I cry unto Thee.
2. Let my prayer be set forth before Thee as incense, and the lifting up of my hands as the evening sacrifice.
3. Set a watch, O Lord, before my mouth, keep the door of my lips.
4. Incline not my heart to any evil thing, to practice wicked works with men that work iniquity, and let me not eat of their dainties.
5. Let the righteous smite me, it shall be a kindness, and let him reprove me, it shall be an excellent oil, which shall not break my head for yet my prayer also shall be in their calamities.
6. When their judges are overthrown in stony places, they shall hear my words, for they are sweet.

7. Our bones are scattered at the grave's mouth, as when one cutteth and cleaveth wood upon the Earth.
8. But mine eyes are unto Thee, O God, the Lord: in Thee is my trust, leave not my soul destitute.
9. Keep me from the snares that they have laid for me, and the gins of the workers of iniquity.
10. Let the wicked fall into their own nets, whilst that I withal escape.

PSALMS FOR THE DAYS OF THE WEEK

Days	Psalms
Sunday	24
Monday	48
Tuesday	82
Wednesday	94
Thursday	81
Friday	93
Saturday	92

YEARLY CALENDAR OF PSALMS

DATE	JAN	FEB	MAR	APR	MAY	JUN
1	28	126	62	1	131	114
2	13	120	113	56	17	93
3	53	25	121	78	8	65
4	36	2	137	21	17	61
5	25	52	135	10	45	63
6	115	92	85	16	90	98
7	77	84	24	9	53	111
8	35	132	86	45	2	72
9	97	14	96	28	29	129
10	51	112	11	36	108	39
11	1	18	83	3	43	48
12	97	26	75	39	44	144
13	90	125	55	40	19	58
14	47	42	149	53	39	8
15	136	88	27	135	115	104
16	36	37	10	96	62	11
17	38	88	80	6	12	116
18	14	54	69	42	40	63
19	136	11	27	27	68	29
20	114	107	22	35	45	86
21	73	50	113	56	103	19
22	81	7	38	106	94	26
23	12	47	67	54	82	66
24	127	37	47	118	95	6
25	102	25	49	143	126	64
26	138	23	130	112	20	49
27	46	150	65	142	58	108
28	24	54	119	60	51	11
29	85	48	84	31	28	18
30	120		76	144	111	7
31	68		141		57	

YEARLY CALENDAR OF PSALMS

DATE	JUL	AUG	SEPT	OCT	NOV	DEC
1	41	147	76	62	78	37
2	69	138	94	146	24	59
3	119	23	134	55	139	87
4	30	86	150	3	16	95
5	148	91	145	41	109	1
6	51	20	79	60	102	133
7	4	140	38	49	23	134
8	40	89	73	101	71	74
9	9	107	21	123	9	110
10	19	44	4	118	63	22
11	149	81	100	98	71	35
12	8	117	70	130	80	122
13	18	105	5	32	4	59
14	16	99	148	29	39	106
15	82	121	79	133	2	103
16	116	52	32	122	64	34
17	30	95	43	15	72	51
18	127	70	61	20	129	147
19	12	31	30	132	33	87
20	141	5	65	50	5	64
21	143	55	128	93	22	123
22	41	13	131	146	34	13
23	52	89	67	10	42	58
24	33	16	137	117	7	74
25	65	145	104	57	90	45
26	43	46	100	33	48	128
27	42	67	3	44	50	109
28	75	17	91	83	14	92
29	125	56	110	61	21	139
30	129	60	31	124	93	101
31	6	140		77		150

